



A Bereavement Help Group:

## ‘Emmaus Road Meeting’

**An informal meeting** at which anyone struggling with bereavement and searching for peace will be welcomed. It will be a place open to all who wish to come. A journey-place to simply listen, speak, ask questions, shed tears, share memories and help each other to know that we are not alone. All of us suffer through encountering death and this is often from deep seated grief going back many years and / or from recent bereavement both which can often be surrounded by senses of guilt, anger, frustration, loss of faith, unexpected tears, a feeling of exclusion and confusion and loneliness.

The **Methodist Church**  Edmonton. In our 100<sup>th</sup> year...

**First meeting 20<sup>th</sup> August 2011** (10.30-12.00 in the Vestry) then 17<sup>th</sup> Sept. every 3<sup>rd</sup> Saturday.

Luke 24 <sup>28</sup> When they came to Emmaus, he acted as if he was going on ahead. <sup>29</sup> But they urged him, saying, “Stay with us. It’s nearly evening, and the day is almost over.” So, he went in to stay with them. <sup>30</sup> After he took his seat at the table with them, he took the bread, blessed and broke it, and gave it to them. <sup>31</sup> Their eyes were opened and they recognized him, but he disappeared from their sight. <sup>32</sup> They said to each other, “Weren’t our hearts on fire when he spoke to us along the road and when he explained the scriptures for us?” <sup>33</sup> They got up right then and returned to Jerusalem.

They found the eleven and their companions gathered together. <sup>34</sup>

They were saying to each other, “The Lord really has risen! He appeared to Simon!” <sup>35</sup> Then the two disciples described what had happened along the road and how Jesus was made known to them as he broke the bread.

